



## ATTITUDE AND PRACTICES POSSIBILITIES TOWARDS RECYCLING WORN GARMENTS AMONG TEEN AGE GIRLS

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**Abstract :** Disposal of any wastage material nowadays is huge problem of the globe. Because it creates harm to environment, promotes global warming and affects very badly on the health of every living on the planet earth. That is why Recycling is immerging remedy in today's era. The concept of Recycling is applicable to used garment and fabric also. My area of interest is to find out the ways and means to do so. Used garment and fabric recycling is one of the issues which is to be addressed in top priority. In this study the initial effort is to check the awareness and attitudes towards recycling of worn and used garments and fabric wastage among new generation i.e. teenage girls. Data is collected by giving them a series of questions containing multiple answers regarding recycling of worn and used garments. A small informative presentation also was done in front of the group and then another part of questionnaire was asked to fill. After analyzing the data, the conclusion found is that "the generation is very much sensitive to the problems regarding environment, they are interested to know more about the subject and majority of them want to learn new practices of Recycling worn and used garments and are eager about generating income through such interesting activity.

**Keywords :** Attitude, Practice, Worn garments, Recycling, Teenage girls.

### I.BACKGROUND

Nowadays among teenage girls looking fashionable and different in the peer group is the prime matter of stress. To impress peers and grab attention, smart look is the tool. That's why fashionable and designer garments play very important role to achieve the goal of looking modern, fashionable and up to date. This is the reason why young girls become shopaholics and spend more money in buying new clothes.

This ends up in overflowing wardrobes and occupies more space for storage. Another side effect of such buying habit is it disturbs family budget.

To avoid such situations older generation women used to recycle worn garments. By doing this practice they used to convert worn garments and used fabric into various household articles, like Rugs, mates, covers, canopies etc.

### II.INTRODUCTION

Recycling of old garments and fabric is an art. By different techniques we can give a new form and new, revised purpose to old one. Today when we are struggling with many issues regarding wastage and garbage management, Recycling and re using as well as repurposing old fabric can help us in various ways to ,

- Create household articles
- Change or re-purpose of worn garment
- Give new look to old garment
- Decorate home by recycling old garment
- Pass time creatively
- It is a good "stress relieving " activity.
- One can earn extra money out of these kind of activities and support home budget

- Recycling helps in saving environment
- Recycled clothes be great help to poor people of country
- Employment generation in developing countries

It is indeed a very useful household activity for young girls and women. If they develop a little interest in this area. It does not require much skills also. Basic knowledge sewing machine operation and a little artistic approach can make it possible. By doing this activity on larger scale it can be a great idea of start-up and creating employment.

If you search on web or social media, used clothes is serious issue for people of developed country. How to destroy the worn garment? is something which is a serious problem for them. A problem can be converted into opportunity by making concept of recycling in practice. It has become necessity of the time for young girls/coming generation to learn and develop expertise in such activities.

That is why this small research is carried out to check “ATTITUDE AND PRACTICES POSSIBILITIES TOWARDS RECYCLING WORN GARMENTS AMONG TEENAGE GIRLS”.

### III.OBJECTIVES OF THIS STUDY

- 1) To check the attitudes of teenage girls towards used fabric Recycling practices.
- 2) To make them aware about such activities.
- 3) To help them generate income by practicing Recycling used garments.

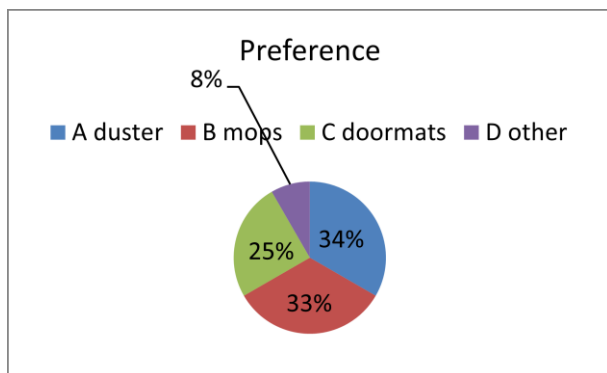
### IV.METHODOLOGY

To check the awareness, attitude about Recycling old, worn garments and fabric, an introductory session was carried out and then by collecting data with small questionnaire, personal interviews and question answer techniques were used.

First part of the questionnaire was about general personal information eg. Age, education, location, financial background, hobbies etc. this part was designed to obtain data related to basic and primary information. Second part of questionnaire was prepared containing multiple choice questions. Every sample has to choose one of the given choices based on their knowledge. Here the questions were arranged in such a manner that describes the level of knowledge about main topic Recycling of worn garments and tried to check how they discard or re-use the used garments, household or other fabric, whether they believe the art of Recycling is useful to create new articles or not,- whether they are aware of different techniques of Recycling textile, they applied it personally, how it helps to spend time creatively,- If hobby of recycling garments helps to make old one wearable and tidy or not, - by recycling their favorite garment, do they feel satisfied after re using again? - Even they were asked if they believe recycling can be immerging as new enterprise. And by recycling can we help in reduction in landfill area and generation of carbon on a smaller scale etc.

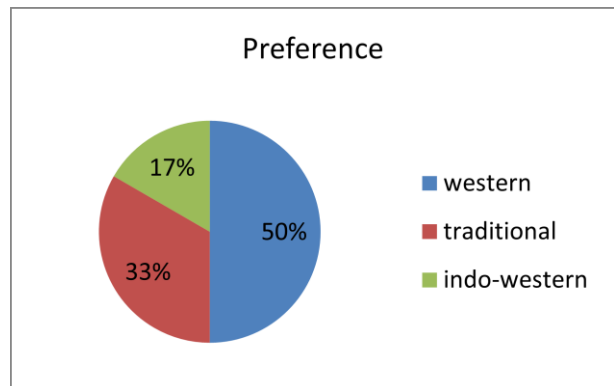
Q:1 how do you discard or re-use the used garments

- A) duster B) mops C) doormats D) Others

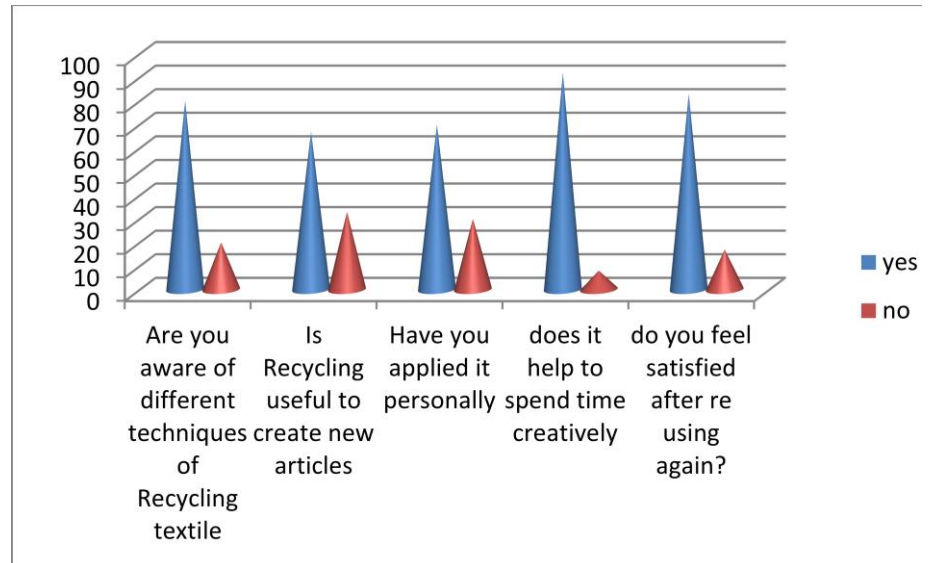
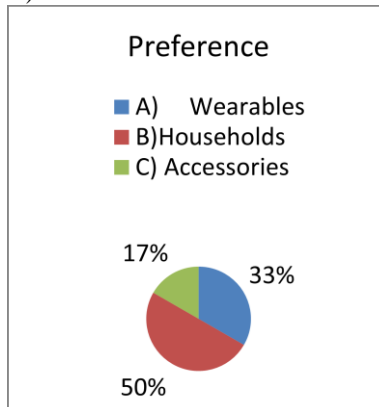


Q:2 Which one is the choice of your garment made by recycling?

- (A)Western B)Traditional C) Indo-western



Q:3 Which kind of recycled article you liked most?  
 A) Wearables B)Households  
 C) Accessories



The survey questionnaire among the different cluster of the people is reflecting following major derivations.

- Teen age girls were using or re-using their worn garments as Dusters, Mops, door mates or Bath mates only. They were interested to learn new techniques of Recycling to Re use waste fabric and old garments for other decorative purpose also.
- Almost all participants found this recycling activity very interesting and creative and good source of passing time constructively.
- Girls showed interest in creating household articles from worn garments.
- Generation nowadays is very much conscious and aware about the money they spend, this thing reflected in the answer found. Almost everyone has shown interest to know about techniques of Recycling old garments and other house rugs and they wanted to support the family budget and earn pocket money.
- Some of them felt that it is indeed an immerging enterprise in the current era.

### V.CONCLUSION

After caring out the process of collecting data , analyzing the findings and having discussion on that the conclusion derived is

- Few teen age girls were aware of conventional techniques of Recycling worn garments and old fabric.
- Everyone shown interest to learn techniques of Recycling
- They would like to create different articles using techniques of Recycling.
- Girls are interested to adopt this new area as a small scale domestic enterprise and there is a great scope in the field of garment and fabric recycling.
- Generating Employment is observed as very exciting outcome of this survey.

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